

# Sony FS7 MK II Settings Card

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## FS7 Settings

Before every shoot, you MUST set up and calibrate your camera. See settings list below.

Make sure to always reset your camera to the default Scene File (NYU default).

When in doubt, seek assistance to ensure you are using the proper settings.

Be sure to keep lens cap on when executing APR When Camera powered up.

## Menu Settings - Basic

### Base Setting:

Shooting Mode: Custom

### Rec Format:

-Video Format – 1920x1080 23.98

Codec: XAVC-I

-S&Q Motion: Set to desired slow-motion frame rate 0-60, (turn on full scan mode for High Frame rates 72-180fps)

Scene Setting: NYU default

Use HG3 as default Gamma and HG7 for bright scenes to maintain highlights.

ISO: Mode=ISO

HG3: L=800, M=1600, H=3200

HG7: L=2000, M=3200, H=6400

Shockless Gain = OFF

Noise Suppression: ON, Mid

Flicker Reduce: OFF

Steady Shot: OFF

Shutter = Angle 180 (1/48)

Offset White: Off

Black: On, Master-2

Gamma: ON, HG3

White Clip: On, 108%

Detail: OFF

Skin Detail: OFF

Aperture: OFF

Matrix: ON, F55/709

Multi Matrix: ON, Saturation +6, Axis B

Peaking: ON, Color, Normal

50, Red, 65

Zebra 1:95%, Ap 5%

Zebra 2: 70%  
Marker: ON, White, 4  
Safety OFF, Aspect OFF  
Time Code Preset, Rec Run

**Ops Settings:**

Focus – Manual  
Iris – Manual  
White Balance - Manual

**AVOID THESE BUTTONS**

Do not turn them on or you will enter Auto mode.

ISO/GAIN  
WHT BAL  
SHUTTER  
FULL AUTO

Assign 1 = S&Q  
Assign 2 = Rec REview  
Assign 3 = User Menu  
Assign 4 = Focus Mag  
Assign 5 = VSM (Waveform)  
Assign 6 = Peaking

## Menu Settings - Advanced

**Base Setting:**

Shooting Mode: Cine EI  
S-Gamut3.Cine, S-Log3

**Rec Format:**

-Video Format – UHD or 4K, 23.98  
Codec: XAVC-I  
-S&Q Motion: Set to desired slow-motion frame rate 0-60, (turn on full scan mode for High Frame rates 72-180fps)

ISO: Mode=ISO  
L=2000, M=3200, H=6400  
Presets can be lowered,  
maximum reduction 800 for noise suppression  
Shockless Gain = OFF  
Noise Suppression: ON, Mid  
Flicker Reduce: OFF  
Steady Shot: OFF  
Shutter = Angle 180 (1/48)  
Offset White: Off  
Black: On, Master-2  
Gamma: ON, HG3

Aperture: OFF  
Peaking: ON, Color, Normal  
50, Red, 65  
Zebra 1:95%, Ap 5%  
Zebra 2: 70%  
Marker: ON, White, 4  
Safety OFF, Aspect OFF  
Time Code Preset, Rec Run

## FS7 SETTINGS

Before every shoot, you **MUST** set up and calibrate your camera. See settings list below.  
Make sure to always reset your camera to the default Scene File (NYU default).  
When in doubt, seek assistance to ensure you are using the proper settings.  
Be sure to keep lens cap on when executing APR When Camera powered up.

### MENU SETTINGS - BASIC

<b>Base Setting:</b> Shooting Mode: Custom <b>Rec Format:</b> -Video Format – 1920x1080 23.98 Codec: XAVC-I -S&Q Motion: Set to desired slow-motion frame rate 0-60, (turn on full scan mode for High Frame rates 72-180fps) <b>Scene Setting:</b> NYU default Use <b>HG3</b> as default Gamma and <b>HG7</b> for bright scenes to maintain highlights.	ISO: Mode=ISO HG3: L=800, M=1600, H=3200 HG7: L=2000, M=3200, H=6400 Shockless Gain = OFF Noise Suppression: ON, Mid Flicker Reduce: OFF Steady Shot: OFF Shutter = Angle 180 (1/48) Offset White: Off Black: On, Master-2 Gamma: ON, HG3 White Clip: On, 108% Detail: OFF	Skin Detail: OFF Aperture: OFF Matrix: ON, F55/709 Multi Matrix: ON, Saturation +6, Axis B Peaking: ON, Color, Normal 50, Red, 65 Zebra 1:95%, Ap 5% Zebra 2: 70% Marker: ON, White, 4 Safety OFF, Aspect OFF Time Code Preset, Rec Run
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**Ops Settings:**  
Focus – Manual  
Iris – Manual  
White Balance - Manual

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will enter Auto mode.  
ISO/GAIN  
WHT BAL  
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FULL AUTO

**Assign 1 = S&Q**  
**Assign 2 = Rec REview**  
**Assign 3 = User Menu**  
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**Assign 6 = Peaking**

### AUDIO SETTINGS

**Menu:**  
Audio Input:  
Ch 1 > Input 1  
Ch2 > Input 2  
Input Mic Ref = -50dB  
Levels = Side  
  
Audio Out: Mon  
**Channel Ch1/Ch2 for two Mics**  
**Ch1 for one Mic**  
Mon Volume = 9  
Audio Mic +48v  
Limiter **ON** for High Volume

**Buttons/switches:**  
Level dials = MANUAL  
XLR Inputs = Mic +48v